Core Principles in Community Based Psychosocial Support

PRINCIPLE	IN PRACTICE THIS MEANS….
1. HUMAN RIGHTS AND EQUITY	✓ Promotion of human rights in all affected and use of Rights Based Approach (RBA) ✓ Protection measures in place for those who are at heightened risk of human rights violation ✓ Non-discrimination and fairness in all activities and work (availability and accessibility etc)
2. PARTICIPATION	✓ Involvement of local people as much as possible in assessment, design, implementation, monitoring and evaluation of assistance ✓ Bottom up structure throughout organisation and necessary structures in place for community input to impact on proposals and ongoing activities
3. DO NO HARM	✓ Assistance promotes connectors and minimises dividers in the local community ✓ Actions taken are culturally sensitive, self-reflective and are based on adequate local information ✓ There is ongoing evaluation of projects and lessons learnt are incorporated into new activities
4. BUILDING ON AVAILABLE RESOURCES AND CAPACITIES	✓ Resource based assessments are undertaken ✓ Efforts are made to build on local capacities, support self-help and strengthen existing resources ✓ Identification, mobilisation and strengthening of skills in community and society
5. INTEGRATED SUPPORT SYSTEMS	✓ Services provided are not stand-alone, but feed into and strengthen other existing systems in the community e.g. health services, school services etc.
6. MULTI-LAYERED SUPPORTS	✓ Activities are identified on the correct layer of the intervention triangle and the appropriate activities are carried out for relevant groups (basic services - community and family supports - focused support such as PFA) ✓ Activities on different layers complement and build upon each other. ✓ Staff know their mandate and have the necessary knowledge to link up and refer to specialized services when necessary