

This is Romboleden.

Throughout the Middle Ages, people made pilgrimages to the grave of Saint Olav in Trondheim, Norway. The reasons for the pilgrimages were many and the ways to get there were numerous. People walked, rode, or traveled by boat. The flatland north of Lake Mälaren was historically known as Rombo-landet. The pilgrimage route has therefore been named Romboleden. The route is the result of a collaboration between parishes of the Church of Sweden, municipalities, local heritage associations, village communities, and parish guilds.

The main theme is pilgrimage, both the historical pilgrimage in the Middle Ages, the story of Saint Olaf, and today's pilgrimage, which is often described as both an outer and inner journey, with a focus on rest, health, spirituality, and existential questions. Questions about life choices and the meaning of life unite many modern pilgrims with the historical pilgrim.



900 km

Romboleden is the oldest and longest pilgrimage route in Scandinavia, stretching from Köping to Trondheim.

Nature

You will experience the fantastic and varied nature of the Mälaren Valley, Bergslagen, Dalarna, and Härjedalen, as well as the sea in Trondheim. Mostly via forest roads and village roads, sometimes through pure mountain hiking in pathless terrain. We hope your hike will be full of experiences. You determine the difficulty level yourself by choosing your stages.

Culture

The entry points of Romboleden are the local churches where possible, just like in the Middle Ages. Back then, the roadside chapels offered protection overnight. The churches tell the story of our shared cultural heritage.



In Bergslagen, the cradle of modern Sweden with clear traces of Gustav Wasa can be found. On the pasture paths in Dalarna, people have walked since time immemorial. In Härjedalen, there are traces from ancient times, while modern landscape is clearly visible.

www.romboleden.se

Here you will find local contacts and suggestions for stages where you can use public transport.

www.naturkartan.se/romboleden

We suggest that you download the app Naturkartan on your phone and bring it on your hike. For safety, don't forget a

Instagram #romboleden, @romboleden
Facebook Romboledens vänner



Maps and Information about the Route

Digital maps and information: www.naturkartan.se
You can download the Naturkartan app on the App Store or Google Play.



Kartor



Om Romboleden

Romboleden is the pilgrim trail from Mälaren in Sweden to Trondheim in Norway. The trail is approximately 900 km long and takes you through communities, beautiful churches and historic sites, through forests, along lakes and over mountains.

Romboleden

Västmanland | Dalarna | Härjedalen |
Nidarosdomen i Trondheim



Romboleden – A Journey Through Time and Thought.

Romboleden is Sweden's longest pilgrimage route, with origins dating back to the 11th century. It begins in Köping and winds its way through the landscape all the way to Trondheim in Norway. Along the trail, you'll encounter breathtaking scenery and powerful stories from Sweden's rich history. It's a journey for both body and soul – a chance to slow down and reflect on the path of life.