

# ALTERNATIVE CHRISTMAS CALENDAR 2018

**1** Smile at someone

**2** First of Advent,  
light the first candle

**3** Make sure to make this Monday morning a relaxed one, eat a solid breakfast

**4** Say thanks to someone

**5** Ask someone how he/she feels and make sure to listen to the answer

**6** Sort one of your toys and give to someone in need

**7** Leave your car and use alternative transportation

**8** Let someone go ahead of you in a queue

**9** Second of Advent, visit the church and light the second candle

**10** Put off until tomorrow what you don't have to do today

**11** Encourage someone

**12** Go for a walk

**13** Give a gift to someone in need

**14** Send a Christmas card to someone who is alone

**15** Enjoy a screen free evening

**16** Third of advent, listen to a Christmas concert and light the third candle

**17** Call or visit someone you have not spoken to for a while

**18** Pray for someone

**19** Read for someone, perhaps a Christmas story

**20** Pick up junk and throw in a trash can

**21** Buy eco friendly food

**22** Inhale deeply three times

**24** Enjoy the Christmas miracle and think of baby Jesus who changed the world

**23** Fourth of Advent, give a Christmas present to someone who does not expect one and light the fourth candle